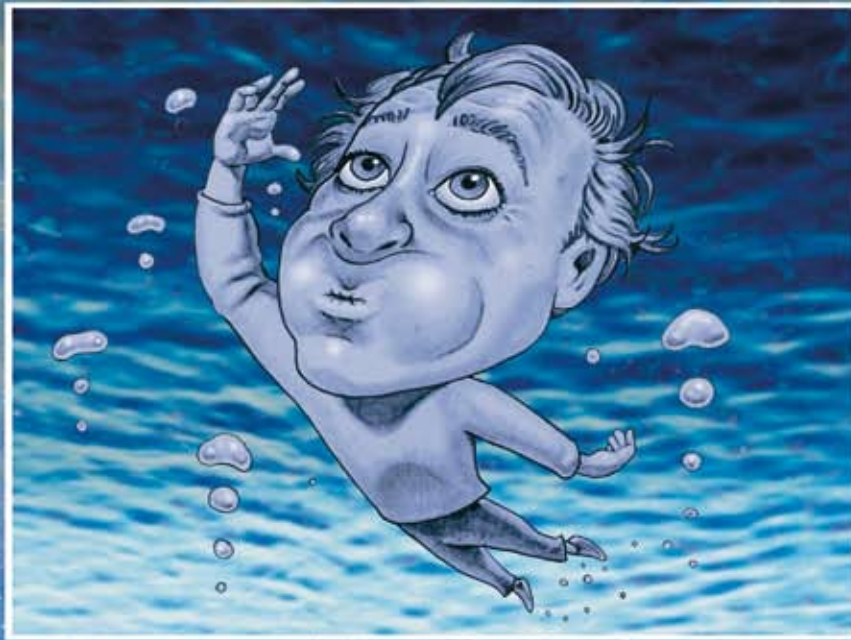


# The Air We Breathe



The air we breathe is essential to our minute by minute survival. It surrounds us, though it is invisible. We take from it every few seconds, yet it costs us nothing. It is one of the most important components to sustain our life, yet we usually don't give it a second thought (unless it is suddenly taken away).

God is like the air we breathe – He constantly surrounds us, though He is invisible. Whether we acknowledge God or not, we need Him to sustain and uphold all universal laws that keep us alive every moment of every day. We take from Him continuously and yet it costs us nothing (hence the saying, 'The best things in life are free.'). And sadly, we don't give Him a second thought - unless we are in desperate need. Each lung full of oxygen demonstrates God's 'amazing grace' that sustains us. Without it, we would all be in very deep water. (Job 36:22-33)